



# Freezer Storage Guidelines

BREADS AND DESSERTS	TIME
PANCAKES AND WAFFLES	3 MONTHS
MUFFINS AND QUICK BREADS	3 MONTHS
BAKED BREADS AND COOKIES	3 MONTHS
COOKIE OR BREAD DOUGH	1 MONTH
CAKES, PASTRIES AND DONUTS	3 MONTHS

MEATS	TIME
BACON AND SAUSAGE	1 MONTH
HAM	2 MONTHS
PORK CHOPS	4 MONTHS
PORK ROAST OR LOIN	8 MONTHS
LAMB AND VEAL	9 MONTHS

PRODUCE	TIME
FRUITS	1 YEAR
JUICES	1 YEAR
NUTS	3 MONTHS
VEGETABLES	8 MONTHS

POULTRY	TIME
CHICKEN AND TURKEY (CUTS)	6 MONTHS
CHICKEN AND TURKEY (GROUND)	4 MONTHS
CHICKEN AND TURKEY (WHOLE)	1 YEAR

DAIRY AND EGGS	TIME
BUTTER	9 MONTHS
CHEESE	3 MONTHS
EGGS (RAW, NOT IN SHELLS)	1 YEARS
ICE CREAM	2 MONTHS
MILK	1 MONTHS

SEAFOOD	TIME
CRAB	10 MONTHS
FATTY FISH (I.E., MACKEREL, TROUT)	3 MONTHS
LEAN FISH (I.E., COD, FLOUNDER)	6 MONTHS
LOBSTER	1 MONTH
SHRIMP AND SCALLOPS, UNBREADED	1 MONTH

MEATS	TIME
GROUND BEEF, PORK AND STEW MEAT	4 MONTHS
OTHER BEEF (I.E., ROAST AND STEAK)	1 YEAR

MISCELLANEOUS	TIME
CASSEROLES (COOKED)	3 MONTHS
PASTA AND RICE (COOKED)	3 MONTHS
SOUPS AND STEWS	2 MONTHS

